

Autumn Poplars Cowl

By Megan Lynn



Autumn is my favorite season, and the almond-shaped leaves in the stitch pattern of this little cowl reminded me of poplar leaves falling from trees. Knit in a soft worsted weight yarn, it's perfect for chilly autumn days, or the first few weeks of spring. It comes in two sizes, either comfortably fitted to the neck, or slightly longer for drape.

Yarn:

200-250 yards worsted weight yarn (Small – 200 yards/189 meters, Large – 220-250 yards/229-275 meters)

Samples knit in Malabrigo Rios (100% superwash merino wool), “Jupiter” (small) and “Solis” (large)

***NOTE:** Since the measurements of this cowl are not crucial, you can choose to substitute DK for worsted if you would prefer. You might want to increase your needle size, but check your gauge swatch.

Gauge: Approx. 16 stitches/4” in Poplar Pattern, blocked.

Final Measurements (approximate):

Short: 10.5 in (26.7 cm) tall, 8.5 in. (21.6 cm) wide

Long: 10.5 in (26.7 cm) tall, 15.25 in. (38.7 cm) wide

Needles:

US 7/4.5 mm circulars, 16” (29”) or whatever size necessary for gauge

Notions:

- Stitch marker x1 (+6 or +10 if you would like to place them between each repeat)
- Tapestry needle for weaving in ends

**Pattern Directions:**

Using your preferred method, cast on 105 (165) stitches. Join, careful not to twist. Place marker to note end of row (optional: place markers between every 15-stitch repeat).

Row 1: (k1, p1)* to end of row. End with k1.

Row 2: (p1, k1)* to end of row. End with p1.

Row 3: Repeat Row 1.

Row 4: Repeat Row 2.

Row 5: Begin **Poplar Chart** - *p1, k9, k3tog, yo, k1, yo, p1* to end of row.

Row 6 (and all even rows): *p1, K13, p1* to end of row.

Row 7: *p1, k7, k3tog, k1, yo, k1, yo, k1, p1* to end of row.

Row 9: *p1, k5, k3tog, k2, yo, k1, yo, k2, p1* to end of row.

Row 11: *p1, k3, k3tog, k3, yo, k1, yo, k3, p1* to end of row.

Row 13: *p1, yo, k1, yo, k3tog, k9, p1* to end of row.

Row 15: *p1, k1, yo, k1, yo, k1, k3tog, k7, p1* to end of row.

Row 17: *p1, k2, yo, k1, yo, k2, k3tog, k5, p1* to end of row.

Row 19: *p1, k3, yo, k1, yo, k3, k3tog, k3, p1* to end of row.

Row 20: *p1, k13, p1* repeat to end of row.

Repeat Rows 5-20 x4 or until cowl is as wide as you like, ending on row 20.

Repeat Rows 1-4 again.

Bind off using **k2tog stretchy bind-off** (instructions on next page) or whatever elastic or stretchy bind-off you prefer.

Poplar Chart

(To be read right to left, knit in the round)

•																				•	20	
•				↖				○		○											•	19
•																					•	18
•						↖			○		○										•	17
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•																					•	8
•		○		○		↖															•	7
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•	○		○	↖																	•	5

Key:



- knit



- purl



- yarn over



- k3tog (Knit 3 together)

k - knit

p - purl

yo - yarn over

k3tog - knit 3 together

k2tog tbl- knit 2 together through back loops

K2tog stretchy bind-off:

K2. Slip your left hand needle through the front loops of both stitches and k2tog tbl. You now have one stitch. Knit the next stitch, then using your left hand needle, k2tog tbl. Repeat until you have one stitch remaining. Break yarn and draw through the remaining stitch, then weave in.

[\(instructional video\)](#)

For any technical questions or concerns, please email me at megantlynn@gmail.com.